

PE/ Speech Collaboration

Book: The Mitten by Jan Brett

Materials:

1. Book plus audio for warm-up
<https://www.youtube.com/watch?v=YDOzlaOc3Us>
2. Object cues (animals, mitten)
3. Poly spots to indicate each station
4. Tunnel
5. Mats
6. Mini trampoline
7. Towels
8. Parachute

As we encounter the animals of the story, the students will act at a movement and a sound the animal makes as they are moving toward the mitten (parachute)

Animal	Sound	Movement description	Action
Mole	Sniffing	Crawling	crawl through a tunnel
Snowshoe Rabbit	Thump	Hopping	Hopping
Hedgehog	Snuffling *		Roll into a ball
Owl	Whoop Whoop	Flap Wings	Swooping* Elementary backstroke arms
Badger	Churring/gargling with full mouth	Digging	Dig with a towel
fox	High pitch barking	Trotting *	Pounce-Run then low squat
Bear	Roaring	Lumbered*	Bear Crawl
Mouse	Squeak	Scampered	Tickling

** Descriptions used in the story

The students all gather under the parachute like the animals in the mitten. Then the big sneeze and the parachute flies away.

