Team_Eddie_Moves

JULIE: Team Eddie Moves. When Eddie moves his body, he likes to go for a walk to find the swings.

EDDIE'S FATHER: Great cane travel, Eddie. You're doing awesome. Way to go, Eddie. You're doing great on the swing set. Should we cheer for the swing? 3, 2, 1, hooray, swing!

JULIE: When Laura moves her body, she likes to lift weights.

LAURA: Hey Eddie, it's Laura. And while I've been home, I've been trying to move my body. And one thing I really like to do is lift weights. All right, I'm going to do some bicep curls. Count with me. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10. Shall we cheer? Woo!

JULIE: When Jules moves her body, she likes to go for a run.

JULES: Hi, Eddie. It's Jules from Team Eddie. And what I like to do when I feel like I need to move my body is go for a walk or run. Woohoo! Feels so good to move that body. Woo!

JULIE: When Coach Kristine moves her body, she likes to dance.

COACH KRISTINE: Hi Eddie, it's Miss Kristine. When I move my body, I like to dance. I wave my arms around. I bounce my knees up and down. I shake my hips. And I like to turn around in circles. You want to dance with me? Woohoo! Oh, yeah.

JULIE: When Julie moves her body, she likes to go on a nature walk.

JULIE: Hi Eddie, it's Julie. When I move my body, I like to go on a hike near my neighborhood and listen to all of the sounds.

[BIRDS CHIRPING]

I hear some birds chirping and the wind moving through the trees.

JULIE: When Miss Susan moves her body, she likes to walk to the playground.

MISS SUSAN: Hi Eddie, it's Miss Susan. I like to move my body when I go to the school playground with my family. And I find the swings, and I get at them, and I swing with my family. Look, I found a swing. Hi, Eddie. I hope you're having a good time with your family. I miss you and hope to see you soon. Bye.

JULIE: When Miss Jillian moves her body, she likes to go kayaking.

MISS JILLIAN: Hey Eddie, it's Miss Jillian. When I move my body, I like to row on the lake. I have my paddle with me. And I row it back and forth. I'm going to put my phone down, and you can listen to the sound of me rowing. (sound of rowing)

JULIE: When Mr. Jesse and his son Jude move their bodies, they like to go for a hike in the woods.

MR. JESSE: Hi, guys. This is Mr. Jesse.

JUDE: And this is Jude. And we like to move our bodies by hiking.

MR. JESSE: Here we go. Hiking through the words at River Place. Jude's a little billy goat.

JULIE: When Eddie moves his body, he likes to go on a bike ride with his dad James. Zoom, zoom.

EDDIE'S DAD: 2, 1, hooray for bike rides. Boom! Yeah. [WHISTLES]

EDDIE: It's so fun.

JAMES: We're just having a blast on a bike ride. Zoom, zoom.

EDDIE: Zoom, zoom.

JULIE: When Kim moves her body, she likes to go for a walk. Kim walks across a bridge.

KIM: Hi Eddie, it's Kim. I'm out on my afternoon walk, and I'm about to go over the Northwest Park Bridge. Here I go. (Sound of crossing bridge) Alright, I got to go--

JULIE: Go Team Eddie, go. The end.