Instructions for a Flower in a Pot

Row 1: Space 9 times, make "in", make "en"

Row 2: Space 8 times, make cell (4, 6), Space 2 times, make "k"

Row 3: Space 5 times, make "in", make "c", make "en", Space 1 time, make "e", make "i", Space 1 time, make "in", make "c", make "en"

Row 4: Space 4 times, make cell (4, 6), Space 3 times, make "o", make 2 full cells, make "ow", Space 3 times, make "k"

Row 5: Space 5 times, make "e", make hyphen, make "i", Space 1 time, make "i", make "e", Space 1 time, make "e", make hyphen, make "i"

Row 6: Space 8 times, make cell (4, 6), Space 2 times, make "k"

Row 7: Space 9 times, make "wh", make "s"

Row 8: Space 9 times, make cell (4, 5, 6), make letter "l"

Row 9: Space 4 times, make 12 full cells

Row 10: Space 5 times, make 10 full cells

Row 11: Space 6 times, make 8 full cells

Row 12: Space 6 times, make 8 full cells

Row 13: Make 18 full cells

Looks like this:

